

Island Fling



January 2010

Vancouver Island Scottish Country Dance Society
P.O. Box 30123, Saanich Centre Postal Outlet
Victoria, B.C. V8X 5E1 Canada
Affiliated with the RSCDS, Edinburgh, Scotland
Web address: www.viscnds.ca

Executive Committee

President	Joan McIntosh	250-477-2512
Publicity	Dora Dempster	250-598-0207
2nd Vice President and Membership	Riki Sato	250-383-0817
Secretary	Heather Shave	hshave@pacificcoast.net
Newsletter Editor	Gael Forster	gael@shaw.ca
Treasurer	Gordon Hawkins	250-598-6708
Social Convener	Kathryn Deegan	kdeegan@shaw.ca
Teacher Representative	Bob Anderson	250-479-6719

PRESIDENT'S CORNER

A very happy New Year to all members. After a four week break from dancing, I trust that everyone is now eager to reconnect and begin the 2010 dancing season at our **Basic Open House Social on January 5th**. Once again we encourage our experienced dancers to participate, enjoy the fun and help guide our newer members through the program of dances that Gordon Robinson has prepared for this evening.

Rosemary, Ball Weekend Coordinator, and her committee have been busy firming up plans for our March 27/28 Ball and Sunday Social and Brunch – you will find an update from her in this issue. Also, check out our website which now has full details posted and includes venue maps, musician bios, registration form, dance program and crib sheets. Remember the **Early Bird rates apply up to Feb. 10th**, so send in your registration form and fees ASAP!

REMEMBER to register early for one of our **Workshops on January 23rd**. Those who register by January 15th will have their names entered in a draw for a free Burns social ticket in the evening. The Registration Form and information were included in our December newsletter and have also been posted to our website at www.viscnds.ca.

Our next monthly social is the Burns Ceilidh celebration on January 23rd. Along with dancing, this exciting evening will include live music, entertainment, Burns' "Address to the Haggis", and food & beverages to renew your energy. Please mark this date on your calendar and plan to attend.

I look forward to seeing everyone on Tuesday, January 5th!
Joan McIntosh, President

EXECUTIVE COLUMN

Newsletter

Please send submissions for the next newsletter by February 1, 2010 to gael@shaw.ca.

Sadly the response rate to the radio survey was too low for publication but thank you to those who did respond.

Nominating Committee

We will be seeking two members to form the nominating committee to fill five executive positions.

Website

Earlier in the year Executive struck a committee to evaluate and make recommendations regarding the need to upgrade the VISCDs website. The committee members are Dora Dempster, Gael Forster and Gordon Robinson. Having completed the initial research, we are ready to go forward with the process for finding someone to design an attractive new website which also gives us the capability to update and edit our own web pages in-house.

We would be interested in knowing whether any of our members have any expertise in managing or designing a website. At some point we will be looking for someone to be the club's webmaster and in the final design stages we may need help with preparing the layout and content of the website.

We also want to have more photographs on the website. We invite members to bring their cameras to club socials and share their best photographs with us. Does anyone have a camera which takes good action shots?

Please contact me if you think you would be able to help with any part of this process.

Dora Dempster, Chair Website Committee, doradempster@shaw.ca or 250-598-0207



2009 Christmas Social

On December 5th, the Vancouver Island Scottish Country Dance Society hosted the annual joint Christmas Social at Cadboro Bay United Church. Over 60 people attended the event to make up 7 dancing sets. Dora Dempster welcomed us all before turning over the microphone to Joan Axford and Raymond Thomson. Joan and Raymond lead us through a varied program of dances to a combination of traditional and seasonal musical favourites. The seasonal music continued in the break as the Dem team performed to a medley of 7 carols. Joan challenged the audience to name all the carols - and she managed to stump us all on one of them - *Where Did My Snowman Go*. During the break, we feasted well on the savoury and sweet goodies that were provided by our club members. It was a pleasure to dance in the beautifully decorated hall that generated many comments on the traditional style. At the end of the night, people were pleased to take home some greenery or purchase a poinsettia. This social was a great way to start off the holiday season! Many thanks to all the volunteers who helped with organizing, decorating, ticket selling, performing, bringing items for the feast and the final clean-up. You guys are all awesome! See you in the new year.

Kathryn Deegan



VISCDs 34th Annual Ball and Sunday Social Weekend, March 27-28, 2010

We are delighted that the wonderful musicians **Muriel Johnstone** and **Calum MacKinnon** will be playing not only for our ball, but also for our Sunday social dance the next morning.

Ball: This year the ball will be held at the newly decorated Victoria Edelweiss Club in James Bay, a venue known for its excellent dance floor. Light refreshments will be served during the intermission. All except two of the dances on the program will be briefed, and dance instruction sheets have been posted on our website http://www.viscds.ca/annual_ball.html. Ball practices will be held on March 12 and 19.

Non-dancers: Anyone who wishes to come on Saturday evening and listen to the music of Muriel on the piano and Calum on the fiddle, enjoy light refreshments, and watch the dancing, can obtain a ticket by sending a registration form to the Registrar, Maureen Orr.

Sunday Social and Brunch: This popular annual event will once again take place at the very scenic C&POs' mess, CFB Esquimalt. An informal morning of dancing to the superb music of Muriel and Calum will be followed by a wonderful brunch. Further details are on our website at <http://www.viscdis.ca/sunday.html>

Registration: We encourage dancers to take advantage of the **early bird registration rates** before February 10. The deadline for registration is March 17th. Dancers have a choice of signing up for both or only one of the two Ball Weekend events. Registration forms were included in your December "Fling" and are posted on our website <http://www.viscdis.ca/springball.html> where you will also find maps of the venues, the ball program, dance instructions, and links to information about the guest musicians. If you have any questions about registration, please contact the Registrar, Maureen Orr at 250 478 5338 or VISCDS@yahoo.ca

If anyone needs any more information please contact me.

Rosemary Balfour VISCDS@shaw.ca, Ball Weekend Coordinator



Valentine's Social
February 20th 2010, 7:30 p.m.
St. Martin-in-the-Fields Hall, \$8

Circassian Circle	5x32 R	B	RSCDS Book 1
Good Hearted Glasgow	8x32 J	B	Core
Seann Truibhas Willachan	6x32 S	B	Core
It Should be Fun	4x32 J	B	Graded and Social 3
Shiftin' Bobbins	8x32 R	B	Core
Balmoral Strathspey	4x32 S	B	Core
Haste to the Wedding	8x32 J	I	Core
The De'il Amang the Tailors	8x32 R	B	Core
Thelma's Strathspey	2x64 S (sq)	A	Core
The Cadger's Roadie	8x32 J	I	Core
Peggy's Love	8x32 S	A	RSCDS Book 8 *
The Celtic Cross	4x48 R (sq)	I	Core
Break			
Monica's Way	4x32 J	A	Katannuta *
Button Boy	8x32 R	I	Core
The Gentleman	8x32 S	A	Core
Reel of the 51st Division	8x32 R	B	Core
Extras			
Bees of Maggie Knockater	4x32 J	A	Core
Sugar Candie	8x32 S	I	Core

* instructions included in this Fling
Hosted by the Basic Class



Family Class Update: Victoria Branch's pilot Family Scottish Country Dancing class was a great success last fall, with about a dozen participants: boys and girls aged 7 to 14, parents, grandmas, and an aunt. The families voted to continue the class in the new year, so another session of classes will be offered on Saturday mornings from January 16 to February 27, 10:00-11:30am. The NEW location is Centennial United Church Hall, 612 David St. (off Gorge Rd. near Hillside and Douglas). Suggested donation \$20 per family for the 7 classes. All dancers are welcome to bring children, grandchildren, nephews and nieces, etc. to the class - but adults must be accompanied by a child! We'll also be advertising the class more widely this term, to attract not-yet-dancing families. We hope to see you and yours on the dance floor on January 16th! For more information, please contact Sarah at 250-598-2612 or sarahkell@shaw.ca.

COMING EVENTS - LOCAL

All local events held at St. Martin in-the-Fields Hall, 550 Obed 7:30pm unless otherwise noted

- Jan 5** **VISCDS Open House Social** see November Fling
- Jan 13** **RSCDS Victoria** Open House, Lutheran Church of the Cross
- Jan 23** **VISCDS Workshop** (9am or 1:30pm), **Burns Social & Ceilidh**, Program in November Fling.
- Jan 31** **Burns Memorial Tea and Concert**, 2:30pm, \$2 donation suggested. For more information, contact Irene at 250-652-5773 or kifeir@shaw.ca.
- Feb 6** **RSCDS Victoria Olympic Fever**, \$6
- Feb 20** **VISCDS Valentine's Social**, Program in January Fling
- Mar 12 & 19** **Ball practices**
- Mar 13** **RSCDS Victoria** \$15 music by Muriel Johnstone
- Mar 22** **Barra MacNeils in concert**, 7pm, Alix Goolden Hall, \$37.50 adult, \$27.50 student, sponsored by the Victoria Highland Games Association
- Mar 27-28** **VISCDS 34th Annual Ball and Sunday Social**, details in this Fling
- Apr 10** **RSCDS Victoria**, \$12 music by Mary Ross
- Apr 11** **Kirkin of the Tartan**, St. Aidan's United Church, details tbd
- Apr 24** **VISCDS Spring Fling**
- May 21-23** **Youth Weekend West**
- May 22-23** **Victoria Highland Games, Topaz Park**

OUT OF TOWN EVENTS

- Feb 13** **Comox Valley Valentines Dance**, Muriel Johnstone and Keith Smith playing. More info at <http://cvscottishcountrydance.org/>
- Feb 19-21** **Edmonton 40th Annual Workshop and Ball**, teachers: Pat Coyle, Mary Murray, Elinor Vandegrift, Ron Wallace. www.rscdsedmonton.org
- Mar 13** **Port Alberni SCD St Patrick's Dinner/Dance**
- Mar 20** **Oceanside Spring Gala**. Qualicum Beach Community Hall, 644 Memorial Ave.
- Jul28-Aug1** **Windsor NS ISCDS 2010**, www.rscdsnovascotia.ca/ISCDS_2010/ISCDS10

NOTE: Dance Programs for many of the listed events are available from the VISCDS newsletter editor or the listed contact/websites.

Peggy's Love (RSCDS Book 8) A 32 Bar Strathspey for 3 couples in a four couple set

- 1-8 1C long cast to 3pl **while** 3C set and lead up to 1pl ; repeat
- 9-16 1C cross below 2C, cast round 3C (2C up) and lead up to 1cnrs ; set to 1cnrs, to 2cnrs
- 17-24 1C lead between 3C, cross and cast up to 2pl ; 2C+1C ½ Poussette
- 25-32 1C+2C Allemande

Repeat having passed a couple.

9. *Monica's Way*

a 32-bar jig for four couples in a four-couple set

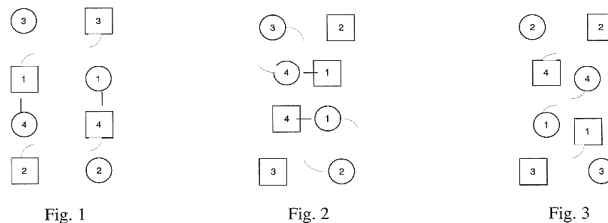
by Gail Sibley

The 3rd and 4th couples begin the dance on the opposite side

Bars

- 1-8 1st couple with 2nd couple and 3rd couple with 4th couple dance progressive double figure of eights. To begin 1st and 4th couples, giving right hands, cross *while* 2nd and 3rd couples set.
(Finish 2143, 4th and 3rd couple still on opposite sides.)
- 9-16 1st and 4th couples dance set and rotate.
 - 1-2 1st and 4th couples set on sides with near hands joined.
 - 3-4 1st and 4th couples, pulling back right shoulder, dance round one place clockwise to finish with 1st man and 4th woman facing down and 1st woman and 4th man facing up.
 - 5-6 1st and 4th couples, giving right hands, change places with partners.
 - 7-8 All continue to chase round clockwise to finish 1st woman and 4th man facing down on the women's side and 4th woman and 1st man facing up on the men's side. (Fig. 1)
- 17-20 1st woman and 4th man, and 4th woman and 1st man, in tandem, dance half diagonal reels of four with 3rd and 2nd women. The dancing couples change leader on bar 18.
- 21-24 4th man and 1st woman, and 1st man and 4th woman, in tandem, dance half diagonal reels of four with 3rd and 2nd men. (Fig. 2) The dancing couples change leader on bar 22. The 1st and 4th couples finish the reel in the centre of the set. (Fig. 3)
- 25-28 Passing partners by the right, 1st woman and 4th man, dance out to the women's side *while* 1st man and 4th woman dance out to the men's side, dancing out beyond the sidelines and curving by the right to place.
(Finish 3142, 4th and 2nd couples on the opposite side.)
- 29-32 All four couples advance and retire.

Repeat from new positions.



*Devised for Monica Roots on the occasion of her retirement in 2007
from six years of teaching on Salt Spring Island.*

Katannuta - A Collection of Salt Spring Island Scottish Country Dances

Reprinted with permission from Katannuta: A Collection of Salt Spring Island Scottish Country Dances (Copyright 2009 Gail Sibley and Richard Bennett)