

Island Fling



September 2018

Vancouver Island Scottish Country Dance Society
PO Box 30123, Reynolds RPO
3943C Quadra Street, Victoria BC V8X 1J5, Canada
Affiliated with the RSCDS, Edinburgh, Scotland
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VISCDS Open House

Our fall Open House will be held on September 4 at the City Light Church Hall on Obed Avenue, from 7:30 to 9:30 pm. Bring your friends, neighbours, relatives – anyone who might be interested in trying Scottish Country Dancing. There will be no charge for the evening. Refreshments will be served.

President's Report September 2018

I hope you have all had a lovely summer. It was certainly hot enough but that did not deter the dedicated dancers who attended summer dancing with Bob Anderson. Many thanks, Bob, for a lovely range of dance programs and for giving us the opportunity to practice the trickier dances at the Tuesday night practice classes.

We had a very successful Ceilidh dance back in May with almost 50 people attending, including twenty-three guests, eight of whom were university age. The music was great with guest fiddler Janet Polson playing with accordionist Mary Ross. They'll be back again when we hold our fall **Ceilidh on Saturday September 22nd** at Dance Victoria.

It's only a few weeks before our dancing season starts up again. Our Open House is right after Labour Day on **Tuesday September 4th** at the City light Church, 7:30 pm. The Open House will be followed by three free classes for newcomers so they will have lots of chances to try out Scottish dancing. Classes begin the following week on Monday September 10th.

Bob Anderson will be team teaching the Daytime Socials on Tuesday afternoons with Louise McGillivray. Louise is a snowbird from Edmonton where she has taught dancing for many years and we are lucky to have her here. We are sorry however to lose Pat Blair who is such an excellent teacher and we wish her all the best in her retirement.

The Wednesday night intermediate class will be held at the Trinity Presbyterian Church which is very close to Obed and will be taught by Gael and Sarah. The Beyond Basic class is returning on Thursday nights and will be taught by Gordon Robinson. Lists of all the classes and their descriptions can be found on Page 3 of this newsletter.

President's Report, continued

Dancers who wish to dance at a higher level this season should touch base with their teacher who can give guidance as to which class or classes would suit you best. If you pay full dues you can dance in multiple classes at your level or below at no extra charge. This option however is not open to those who buy punch cards.

The demonstration team has had another busy season which included performances at the Highland Games in May and Folkloria in July among many other events. Thanks to Joan Axford for her dedication in leading this team and also to the demonstration team members who spend many hours practicing before these events. Thank you also to everyone who helped out at the Highland games. We collected a record number of names of people wanting to be on our distribution list and Martha did a great job coordinating it all.

Hope to see you all soon on the dance floor!

Dora Dempster, President

Important Membership Information

Welcome back to a new dancing year – 2018-19! As our classes get underway here are some guidelines for all members.

1. EACH member will be required to fill out and sign an individual application form. This includes EACH member of a couple. One payment for both is fine but two application forms please.
2. Members may obtain the application forms from the website or from the Open House (Sept. 4 at Obed) or from their class rep when classes begin. New Member forms will be green and returning member forms will be white.
3. Membership fee and class fees are **DUE September 1, 2018**. Payment may be made for the full 2018-19 year or for the first and then the second half of the year. Please refer to your membership form for details. **PLEASE DO NOT** postdate cheques. The membership fee is still \$30 and dance class fees for the whole year and unlimited dancing is only \$110. Best recreation deal in town. June plans to be at classes in September to collect fees so please bring your cheques. Cash is accepted too. Receipts on request.
4. New members who are taking advantage of the free classes in September will have their membership and class fees **DUE October 1, 2018**. New members please give your application forms and October dues to your class rep who will give them to the treasurer Sue Langridge or give them directly to Sue.
5. Drop-in class punch cards (\$60 for 10 classes) are available from the class reps and payment for same is to be given to the class rep who will pass it on to the treasurer (Sue) or membership chair (June). Class reps are to ensure cards are punched as needed and members are to help remind them. The membership fee is still required.
6. Members will be reminded to keep their contact information up to date.
7. **Newsletter Delivery** - The Island Fling is available only electronically unless you elect on your registration form to receive a paper copy. In that case, it will be delivered to the class in which you register. If you later change to another class let the class rep. know.

Thanks!

June Robinson, Membership Chair

Newsletter deadline

The deadline for the next newsletter is **Sunday, October 21, 2018**. Please submit any material to Edith Chapman at enchapma@shaw.ca.

Vancouver Island Scottish Country Dance Society
2018 2019 Classes
All classes (except the afternoon class) run from 7:30 to 9:30 pm

2018

Mondays, September 10 to December 3, 2018 (*excluding Thanksgiving Oct. 8*).
Tuesdays, September 11 to Nov 27, 2018 (**Open House Sept 4 2018**)
Tuesday afternoons, September 11 to November 27, 2018 (**1:00 pm to 3:00 pm**)
Wednesdays, September 12 to November 28, 2018
Thursdays, September 13 to November 29, 2018

2019

Mondays, January 7 to April 8, 2019
Tuesdays, January 15 to April 16, 2019 (**Open House Jan 8, 2019**)
Tuesday afternoons, January 15 to April 16, 2019
Wednesdays, January 9 to April 10, 2019
Thursdays, January 10 to April 4, 2019 (**AGM April 11, 2019**)

The Wednesday night classes will be held at the Trinity Presbyterian Church, 2964 Tillicum Rd
All other classes are held at the City Light Church, 550 Obed Avenue, Victoria V9A 1K5.

Class Descriptions

EXPERIENCED SOCIAL CLASS - Mondays 7:30 - 9:30 pm, Teacher: Bob Anderson. Experienced social for dancers with a good knowledge of all common formations who wish to dance more challenging dances and formations.

BASIC CLASS - Tuesdays 7:30 - 9:30 pm, Teacher: Sheila McCall. In the Basic class you will learn the five steps used in Scottish Country Dancing. You will learn basic formations and become familiar with the concept of sets, progression and teamwork while you experience the joy of moving to lively Scottish music. You don't need to come with a partner, just come and join us for fun evenings as you learn.

DAYTIME SOCIAL CLASS - Tuesdays 1:00 - 3:00 pm, Teachers: Bob Anderson and Louise McGillivray. A class for those who prefer a daytime class, learning formations, phrasing, covering, handing and dances from upcoming socials.

INTERMEDIATE CLASS - Wednesdays 7:30 - 9:30 pm, Teachers: Sarah Kell and Gael Forster. This redesigned class is suitable for dancers who are comfortable with basic steps and formations, reels and corner figures. Familiar, new, and different dances will be covered at a lively pace. Build your knowledge of Intermediate formations and their variations, along with the phrasing, technique and etiquette of Scottish Country Dancing, so you can dance with confidence.

BEYOND BASICS CLASS - Thursdays 7:30 - 9:30 pm. Teacher: Gordon Robinson. For dancers who want to move beyond basic formations and expand their repertoire, this class will teach a range of formations in a mix of traditional favourites and newer dances. For more experienced dancers, this will be an opportunity to review dance formations in a social dance setting. Dances from upcoming social programs will be included, as well as other basic and intermediate dances.

Social Events

Just a reminder to all dance members that everyone needs to help out at their class socials.

Please assist your class reps by filling in the volunteer form completely. Everyone wants to enjoy the dance and the social aspect so many helpers are required.

As well, I will not be available at every event (family matters) so it would be great to have someone share the Social Convener duties. Thanks.

Theresa

Demonstration Team

The group also offers a demonstration team to perform at community events as part of the ethnic culture in Victoria. The team dances at seniors' residences and centres, Highland Games, Burns celebrations, Folkfest, Performing Arts Festival. It is an opportunity to share our dance and music and to encourage others to join our group. Each year, the team learns a new routine. You do not have to be an expert dancer. The team is always looking for new members. The dancing is focused on team work, covering, hands, movement of the dance and deportment. We usually practice on a Tuesday evening at Centennial Church on David Street. Last year we had about 20 practices and performed 13 times. It is a fun time and we have lots of laughs.

If you like to be part of a team and performing, this could be for you. If interested, please call Joan Axford at 250 474-1018.

Joan Axford

Class Representatives

With the start of a new season of classes in September, there is a need for new Class Reps. This is the list (below) of "things" that the reps are asked to do and since most of us are returning these are familiar tasks.

It would be helpful if two or more people shared the job as many of us are away at times and miss classes.

It is an opportunity to contribute to the club and get to know your class mates better.

Thanks for your help.

Theresa Harbidge,

Social Convener

- 1. Membership applications:** Please ask people to mail their membership application forms to the Membership Director or, collect the membership forms and money and put them in the envelope in the class rep box ready for pick-up (This box is kept in the cupboard on the stage). Those who wish to attend classes on a drop-in basis are still required to pay their annual fee of \$30, or youth membership (16-25) of \$20. Non-members are not eligible to attend classes as a drop-in.
- 2. Attendance records:** Please make sure the attendance sheet is available for sign in each week. Return it to the Membership Director at the end of the dancing season. (December and April).
- 3. Punch cards for drop-ins:** Please punch drop-in cards weekly. Cards will be delivered to members with their receipts. There is a supply in a marked envelope in the box once the initial registration has happened. Please leave the cash or cheque in this same envelope when you sell a punch card, and inform the membership Director.
- 4. Announcements:** Please announce upcoming events such as socials, any change of class venues or dates, and any other VISCDS information.
- 5. Visitors:** If you see an unfamiliar face around the entrance area, please introduce yourself as a class rep. Please make them feel welcomed and introduce them to your class teacher. Write the basic information (names, etc.) on back of attendance records for future reference. Please let them know that we have 5 classes a week and that out-of-town visitors are welcome to dance without paying drop-in fees.
- 6. Newsletters:** These will be delivered to the class as requested by the members on their application forms and their names are written on top of the newsletter.
- 7. Class sponsored socials:** Each class sponsors one social during the year, allowing the other classes to enjoy the evening without responsibilities.

Core Dances

VISCDS has a set of Core Dances that we dance regularly. Core Dances are marked with a © on the monthly social programs. You can find directions for the dances in the Core Book, which you can download from the link at the top of our Events Page: <http://viscds.ca/events-2/>. Ask your teacher for the Core Book password!

Teachers' Corner

Welcome back to a new dancing season! Remember that if you pay for classes by the year or term, you can attend classes at and below your level for the same price. Sheila would especially appreciate more experienced dancers attending the Basic class to help on Tuesday nights. Thank you!

We Want To Hear From You!

The teachers would like to start off the season by encouraging members to bring us your comments, concerns and questions.

Are you baffled by the Chain Progression? Miffed because class started late? Do you find my briefings too wordy? Are you secretly craving to learn the Highland Schottische Poussette? Need to learn a special dance for an out-of-town event? Ready to move up to the next class level? Don't suffer in silence – talk to your teacher!

We can't always answer every question during class, but feel free to approach us after class. We're more than happy to hear your suggestions and respond to your questions.

The Teachers' Committee is responsible for setting the class structure each year and delivering the classes. The Executive is responsible for arranging venues for classes, and organizing and promoting club events. Please bring any concerns about classes directly to your teacher, or contact the Teachers' Rep, Sarah Kell.

Call for Teacher Candidates

Scottish Country Dance teaching courses are offered both at Summer Schools and at the Scottish Cultural Centre in Vancouver. The Royal Scottish Country Dance Society offers summer courses annually in St. Andrews, Scotland, and the SCD Teachers' Association of Canada (TAC) offers them in "even" years in different locations in North America. Subsidies towards travel costs are available from VISCDS and TAC.

TAC is already "on the lookout" for teacher candidates for the summer 2020 course! If you are interested in learning more about teacher training, please contact the VISCDS Teachers' Rep, Sarah Kell (smkell@shaw.ca, 250-598-2612). See also the article in the March 2018 Fling.

RSCDS Vancouver is not currently planning to run a 2018-19 course, but if you are interested, please contact Fran Caruth, (fmcaruth@gmail.com, 604-922-6842) as soon as possible.

Sarah Kell

Formations of the Month

The teachers' committee is selecting Formations of the Month again this season. Two formations will be featured each month – one basic / intermediate formation, and one intermediate / advanced formation. We will focus on these formations in weekly classes, and the formations and their variations will be included on the monthly social programs.

October 2018

- Pivot Turn, as in bars 29-32 of *John Cass*:
<https://www.scottish-country-dancing-dictionary.com/video/john-cass.html>
(Also optional in dances such as *The White Heather Jig* and *Mrs. MacPherson of Inveran*.)
- Set to Corners and Partner (a.k.a. Hello-Goodbye Setting):
<https://www.scottish-country-dancing-dictionary.com/videoclips/hello-goodbye-setting.html>

November 2018

- Allemande for Three Couples:
<https://www.scottish-country-dancing-dictionary.com/videoclips/allemande-for-3-couples.html>
- Circulating Allemande, as in bars 9-16 of *The Flower of Glasgow*:
<http://my.strathspey.org/dd/dance/12941/#videos>

155th Highland Games Summary: May 2018.

The 155th Highland Games took place on the May Long Weekend. Many thanks to the wonderful volunteers who manned the booth so enthusiastically during the 3 days. Brochures, small posters and business cards were handed out while our volunteers spoke enthusiastically about the fun and benefits of Scottish Country Dancing and the varied activities of the club. Over the course of the 3 days, 56 names were taken in total to be added to the VISCDS mailing list regarding Ceilidhs and free events the VISCDS is involved in. In total a third more publicity materials were distributed than were distributed last year. Claire Walker won the draw for free classes.



This year we were assigned a plum location for the booth up by the main stage. Kathleen and Brent Morrison upgraded our booth display, building a frame for the banner which served to make it more visible and wind resistant. The large banner was visible from across the field.

Respectfully submitted by:

Martha Morrison
Publicity Chair.

Photo – Martha Morrison

In Memoriam – Lorraine Irvine

It is with great regret that we announce the death of Lorraine, after an illness.

Lorraine was a member of Van Isle and a long-time dancer – her name appears on a Branch membership list from 1990. She was an enthusiastic and accomplished dancer who was always willing to help newer dancers through the various dances.

Lorraine was also a doctor who, for many years, volunteered her services at various hospitals in Zimbabwe. Each year, Van Isle hosted a benefit dance to raise funds for Lorraine to take with her to Africa. The funds were used to purchase goats – the “Goats for Orphans” project – and to pay school fees for the numerous students orphaned by AIDS. As Newsletter Editor, I always appreciated Lorraine’s informative notes about her work in Zimbabwe, and her ‘thank you’ notes which detailed where the funds raised in a particular year went. Lorraine’s last trip to Africa, in 2016, was her twentieth trip.

In July, Lorraine’s family hosted a Celebration of Life which was attended by numerous dancers, both current and former. It was particularly nice that Dr Paul Thistle, her colleague in Zimbabwe, and his wife Pedrinah, who were in Canada on furlough, were able to attend the Celebration.

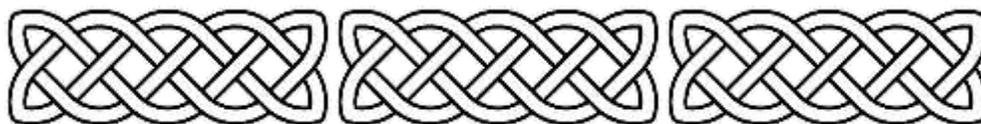
Lorraine’s last message to us appeared in the May 2018 issue of the *Fling*. She will be missed by all who knew her. Our condolences go to her family.

Edith Chapman

Pat Blair, who worked with Lorraine, running the benefit dances, adds the following.

Lorraine was a very dedicated friend, Doctor and dance enthusiast. Lorraine loved to encourage the sick people in Zimbabwe to join in the SCD (simple) dances that Lorraine would teach them. Her students loved to dance to the beat of the music. Lorraine will be missed by many.

Pat Blair



Harvest Social

October 20, 2018

7:30 pm

550 Obed Avenue

\$10.00



Dance	Bars	Tempo	Level	Source
Kendall's Hornpipe*	8x32	J	B	Graded Book
Maxwell's Rant	8x32	R	B+	Book 18 ©
Sugar Candie	8x32	S	I	Book 26 ©
John Cass**	5x32	J	I	Book 49
Rest and Be Thankful	8x32	R	I	Grampian
Staffin Harvest	4x32	S	I	4 for 1978 ©
Links with St. Petersburg	8x32	J	A	Book 46
Midsummer Common	8x32	S	I	Book 49 ©
The Meeting of the Waters	8x48	R	I	Boyd: Strathtay ©
SHORT BREAK				
Napier's Index	8x40	J	I	Book 45 ©
Clutha	4x48	R	I	Book 31 ©
Triple Happiness	3x32	S	I	Book 52
Farewell to Balfour Road	96 canon	J	I	Book 52
The Saltire Society Reel**	8x32	R	A	Leaflet 9
Lady Susan Stewart's Strathspey	8x32	S	B+	MMM2
Hooper's Jig	8x32	J	I	MMM ©
The Northern Lights	3x32	S	I	TAC Silver ©
Mrs MacPherson of Inveran*	8x32	R	I	Guide to SCD

REFRESHMENTS

© in Core Book

* Brief only

** No briefing

Spring Fling Report

The Basic Class hosted the April 21 Spring Fling Social. They brought flowers and colorful programs to brighten the hall. There were 45 attendees on this lovely spring night. Sheila McCall led us through 18 different dances, 12 of which were basic dances, so there was plenty opportunity for all to give it a go! There were some chaotic moments but for the most everyone seemed to be having fun. "It Should Be Fun" was the first and appropriately titled dance!! Sarah Kell won the 50/50 draw of \$15.50.

As usual there was a plethora of treats at the break, thanks to all who brought food. Thank you to the Basic Class for hosting and to all those who helped set up and clean up the kitchen and hall.

Theresa Harbidge, Social Convener





St. Andrew's Social
Saturday, November 17, 2018
7:30pm, 550 Obed Ave.
\$10

Dance name	Bars type	Level	Source
St. Andrew's Fair	8x32J	B	RSCDS 5 for 1982 ©
The Lass of Richmond Hill	8x32R	B	Second Graded Book ©
Slytherin House	8x32S	I	Book 52
The Rothesay Rant	4x32J(SQ)	B	Birmingham Book
Trip to Timber Ridge	8x32R	A	Book 52
Summer on the Clyde	4x32S	B	SCD Archives ©
Twa Sparkling Een	8x32J	B	Katherine's Book
October in Rechberg	3x32S	A	Dancing on Air
The Reel of the Royal Scots	8x32R	B	RSCDS Leaflets ©
Break			
The Merry Oddfellows	8x32J	B	Miss Milligan's Miscellany
The Quaich	8x32S	A	Bon Accord
A Reel for Alice	5x32R	I	A Reel for Alice ©
Balmoral Strathspey	4x32S	I	Book 22 ©
Follow Me Home	8x32J	I	Book 38 ©
Neidpath Castle	3x32S	I	Book 22 ©
The De'il Amang the Tailors**	8x32R	B	Book 14 ©
Extras			
Light and Airy	8x32J	B	Book 4
The Australian Ladies	8x32R	I	Glasgow Assembly
** Briefing Only			© = Core Book Dance



VISCDS WORKSHOP/BALL 2019

The "ball" is rolling on the workshop/ball for 2019! **Save the date of Saturday, April 6, 2019!** The Band will be the **Tartan Players** from Vancouver and **Mary Ross** will be one of the musicians for the workshops. Many of the same members of the Workshop/Ball Committee from last year are working to put on next year's event but we need someone to join the committee to take the minutes of the meetings and keep us on track with the planning schedule. Experience with Excel computer program would be helpful but not necessary but if you are good with keeping track of details the committee would appreciate your skills. Meetings will be infrequent during the Fall with more to follow in the winter season. Please talk to June Robinson who will be the Chair of the committee this year, if you could join us and help out! Thanks.

June Robinson



EVENTS – LOCAL Scottish Country Dance Events

2018

- Sep 4th** Open House, City Light Church Hall, 7:30 pm.
Sep 22nd Ceilidh Dance, 7:30 pm, Dance Victoria, 2750 Quadra Street, \$10.00. Music by Mary Ross and Janette Polson.
- Oct 20th** Harvest Social, City Light Church Hall, 7:30 pm, \$10.00. The program is in this issue.
Nov 17th St Andrew's Social, City Light Church Hall, 7:30 pm, \$10.00. The program is in this issue.
Dec 8th Christmas Social, City Light Church Hall, 7:30 pm. \$15.00. Music by Mary Ross.
Dec 31st New Year's Hogmanay Potluck Supper and Social, City Light Church Hall, 6:30 pm. Dinner and dance - \$12.00 plus potluck donation. Dance only - \$10.00 plus potluck donation for dessert.

2019

- Jan 8th** Open House. Details later.
Jan 19th Burns Social, City Light Church Hall, 7:30 pm. \$15.00. Music by Mary Ross.
Feb 16th Valentine Social, City Light Church Hall, 3:00 – 6:00 pm, \$10.00.
Apr 6th Workshop and Ball. Details later.
Apr 11th Annual General Meeting. Details later.
Apr 20th Spring Fling, City Light Church Hall, 7:30 pm, \$10.00.

OUT OF TOWN Scottish Country Dance Events

2018

- Sep 28th – 30th** RSCDS Saskatchewan Branch Biannual Workshop, Moose Jaw SK. Info – Mike Blanchard, micblanchard@sasktel.net; phone 306-690-5182.
- Oct 5th – 7th** St. Andrew-Caledonian Society of Calgary and RSCDS Calgary Branch, Scots' Gathering 2018, Canmore AB. Ceilidh, SCD classes, ball; Gaelic, culture/history lectures, piping, whisky tasting and more. Info - www.calgaryscots.org, or Ann Vanderwal 403-968-7866.
- Oct 13th** RSCDS Nova Scotia Branch Dartmouth Fall Workshop. Info – Lydia Hedge, 902-482-6577, or www.rscdsnovascotia.ca/Oct_2018_Ad.html.
- Oct 21st** Sunday. White Rock SCD Club Dance Scottish Workshop. Intermediate to advanced level. Teacher – Maureen Lyon. Info - <http://www.wrscdc.org/events/workshops.php>.
- Oct 26th – 28th** RSCDS San Francisco Branch 60th Asilomar Weekend. Places are still available. Info - asilomar.rscds-sf.org.
- Nov 12th** Monday. Lady Aberdeen Tea Dance, 1:15 – 5:00 pm. Admission \$10.00; children \$5.00.. Info - <https://rscdsvancouver.org/dance/lady-aberdeen-tea-dance/>.
- Nov 24th** Delta Borderers 40th Anniversary Dance, 3:00 – 7:00 pm, Kinsmen Centre, Tsawwassen. Music by Don Bartlett. Cost tba. Info - <https://rscdsvancouver.org/dance/delta-borderers-40th-anniversary-dance/>.
- Nov 30th – Dec 2nd** 'The December Weekend in Portugal', fifth edition, Curia Hotel, Curia. Info - email: dancinginportugal@gmail.com.
- Dec 9th** Sunday. 55th Annual Gleneagles Ball. Details and dance cribs will be available in September. Info - Gillian Muir, 778-279-3995 or muirnet@shaw.ca.
- Dec 28th** Friday. RSCDS Vancouver Branch Betwixt & Between Dance, 7:30 – 9:30 pm, Scottish Cultural Centre. Free to RSCDS members; \$15.00 to everyone else. A donation of finger food would be appreciated. Info - <https://rscdsvancouver.org/dance/betwixt-between/>.

2019

- Jan 12th** Nanaimo Scottish Dancers New Year's social. Further info later.
- Feb 16th** RSCDS Vancouver Branch Love to Dance Workshop, Scottish Cultural Centre, 8:30 am - 5:00 pm. \$50.00. <https://rscdsvancouver.org/dance/love-dance-scottish-workshop-dance/>.
- Mar 23rd** RSCDS Vancouver Branch Heather Ball, Scottish Cultural Centre, 5:00 – 11:00 pm. Further info later. <https://rscdsvancouver.org/dance/the-heather-ball/>.
- Apr 27th** Nanaimo Scottish Dancers Tea Dance/ Further info later.
- Aug 18th – 25th** Scottish Dance Week, Prague. For experienced dancers. Classes in Scottish Country Dance and Czech Folk Dance. SCD teacher – Ron Wallace; class musician – Muriel Johnstone. Info - <http://www.dvorana.cz/>.