

Island Fling



JANUARY, 2003

Vancouver Island Scottish Country Dance Society

P.O. Box 30123, Saanich Centre Postal Outlet

Victoria, B.C. V8X 5E1 Canada

Affiliated with the RSCDS, Edinburgh, Scotland

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PRESIDENT'S CORNER

A New Year starts as the old one left, the News Editor anxious for my column. For those of you who enjoy hearing of the Bell Bus exploits, we attended the Glen Eagles Christmas Ball accompanied by Janet and Graham Rice, and Una Lennam, meeting up with Sue and Rob Langridge there. The Hotel Vancouver is ambiance at its best and the Ball a GRAND affair. The turkey luncheon was excellent but it does seem strange to see the ladies in their lovely ball gowns in the middle of the day. The luncheon starts at 1:30 p.m. followed by the dancing then dessert served at about 6:30 p.m. I will not go into what takes place after that. There was noticeably less pre-booking of dances this year and we noted the sets being counted off in the traditional R.S.C.D.S. manner rather than the California way. Anyone not aware of the difference, ask LIZ GRAY. The Vancouver Fiddle Orchestra under the direction of CALLUM McKINNON were excellent and to keep a smile off ones face was impossible while dancing "White Cockade" to tunes such as "Rudolph" etc. The set was GREAT!!!! Monday morning saw us shopping at IKEA then a fling at the casino before heading home. The week before Christmas saw the Bell Bus turn into Santa's sleigh, complete with a big red bow, when my sister and I did a gift run to Campbell River with an overnight visit with our family. Two days before Christmas, while I was entertaining eight overnight guests, my hot water tank decided to give up. Thanks to my son-in-law and my grandson, a new tank was installed in time for the next group of guests. I need to get back to dancing for a rest. Talking of dancing, the registrations for our ball are ready. Please consult with your teacher as to what level of workshop you should register for so that you, as well as the rest of the registrants can get the most out of the superb teaching we have coming. On this note, teachers' approval is a MUST if you wish to change classes or attend other classes. May 2003 be prosperous to all and happy dancing.

Thelma Bell, President.

DIDN'T WE HAVE FUN?

ST. ANDREW'S SOCIAL

With St. Andrew in mind the November Social at the Brentwood Bay Hall was indeed a fine affair! The programme, which was prepared with St. Andrew in mind by Rob, Sue and Una, was joyfully danced by one and all especially the members of the Lower Intermediate Class. Under the expert direction of our class rep Audrey Hart, this very energetic group of friends including *Probably Phyllis* worked together decorating with "the Saint" in mind, preparing food which was plentiful and delicious, setting up and clearing up. Thanks to everyone who made the journey "all the way out to Brentwood" for another fine social evening!

THE CHRISTMAS DANCE

With "a hey & a ho, and a bow & a curtsey", over 130 folk were dancing into the Christmas season at Cadboro Bay United Church Hall. The sounds of laughter and sociability echoed throughout the hall the entire evening. Mary Ross Trio was superb and made our feet fly or gracefully strathspey - it truly is wonderful to dance to live music! The hall was beautifully decorated and refreshments were delicious. As for Anita Mathur and the UVIC Caledonian Dancers, never have we seen "The 12 Days" so energetically and hilariously performed. I'm sure they brought all of us back to day one of class. To Bob Anderson, emcee; Anne Payne and Shelia McCall from the Branch, Joan Axford VISCDs who together planned the programme and Liz Gray who stepped in at the last minute when Joan was unfortunately called to work our sincere thanks! And last but certainly not least, to Victoria Branch RSCDS who were the hosts of this year's joint event, "a great night was had by all!" *Anne Scott*

FOR SALE:

Ladies "James Senior" ghillies, size 5-6, worn once. Call Catherine at 652-8162.

YOUTH SCOTTISH COUNTRY DANCE WEEKEND

A big thank-you to all the Victoria dancers who bought tickets in the 50-50 draw held at the Christmas Dance to raise funds for the upcoming Youth Scottish Country Dance Weekend. A grand total of \$126.50 was raised, thanks in large part to Ron Telfer, who donated most of his winnings back to the Cause! These funds will be put towards a pancake breakfast for the hungry young dancers on the final morning of the Youth Weekend.

Many thanks also to Roger Walker for suggesting this fundraiser, and to Deb Grant and Nadine Weckerle, saleswomen extraordinaire! The SCD Youth Weekend West will be held in Vancouver from May 16-19, 2003, and is open to dancers aged 16 to 30. Please encourage the young people in your life to attend!

You (and/or your students/kids/grandkids) won't want to miss this exciting weekend! We'll have a variety of high-energy classes with Bruce Herbold (San Francisco CA) and Rebecca Blackhall-Peters (Langley BC), and social dances with live music by young local talents, plus some time to see the sights of Vancouver and hang out with other dancing youth! The Friday Ceilidh, May 16, and Sunday Tea Dance, May 18, will be open to dancers of all ages. More information is available on the Youth Weekend website at

www.rscdsvancouver.org/default.htm. For an application form, please contact me (592-7717 / sarahkell@shaw.ca), or Noam Sturmwind (604-738-3037 / ns@canada.com).

A plea for prompt registration: If you know you want to come to Youth Weekend West, please show your support by putting your registration form and post-dated cheque in the mail ASAP! Then we, the organizing committee, will know how many people to plan for, and our generous sponsors, Vancouver Branch and TAC, will know that "the interest really is out there!"

Thank you all again for your support!
Sarah Kell. Youth Weekend West

VISCDs ANNUAL BALL AND WORKSHOP 2003

REGISTRATION

Enclosed with this month's newsletter you will find an application for registration and information for the March workshops and ball. Please submit ASAP and not be disappointed as some were last year when we reached capacity within 21 days of the mail out.

Dancers wanting only Ceilidh and/or Sunday Social Dancing without the workshops will go on a standby list in the order to which they were received and will be informed 14 days

prior whether or not there is room for them. These people send only the application and no cheques and will be required to pay when contacted. The committee figured this was the fairest way to do this as some who wanted the workshops and ceilidh couldn't get into the ceilidh because we were already over the legal capacity for the venue. The categories were well thought out and cover all the possibilities with the emphasis being a workshop weekend with the ball as the culmination.

Please send a cheque or money with your registration as e-mail registrations will be put aside until the cheque arrives. Thank you all for your understanding and co-operation.

Jim Scott Registrar

VOLUNTEERS NEEDED

Here we are in 2003 and ready for another great Ball and Workshop Weekend. Registration forms are out and venues in place, teachers and musicians booked and committee heads ready to put plans in action. Forms to sign up to volunteer will be available at classes and Ian and Heather Danks will be making the rounds with raffle tickets and looking for donations for the ever popular raffle.

Please consider signing up to help at one of the events as many hands make light work and no one will have to work the whole weekend through. If you have any questions or suggestions please call me at

655-0235 or e-mail gjrice@shaw.ca

Janet Rice Committee Coordinator

RAFFLE.

Once again we are running the very popular raffle, which always has a wonderful array of prizes, all donated by our members. The draw is held at the Friday night Ceilidh. All proceeds from the raffle go to offset some of the costs for the weekend. Heather and Ian Danks are coordinating this fun event and, of course, they will be asking for prizes in all shapes and sizes. Raffle tickets will be distributed at the beginning of January at classes and sign up sheets for donations will be circulated at that time. In the past, prizes have ranged from homemade articles, art work, food items, gift certificates, plants, liquid refreshments, books, gift baskets and many other wonderful surprises. If you have any questions, please contact us at 477-0346 or hdstanrick@telus.net. *Heather Danks*

PRACTICE THOSE DANCES

There will be four 'ball practices' each Wednesday evening in March (i.e. 5, 12, 19 and 20) at St. Paul's Anglican Church, 1379 Esquimalt Road. Details of the dance to be taught each evening and the names of the teachers will be posted in the February issue of the Fling. *Una Lennam*

MEMBERSHIP

Happy New Year - I hope it will prove a healthy and happy one for all. Just a reminder for those members who pay by the session, your fees for the January-April classes are now due. The cost of the session is \$40 per person and cheques can be mailed to me at 3915 Ascot Drive, Victoria. V8P 3S2 or given to your class rep. who will forward them to me. Thank you, *Maxine Dell*.

Formation of the Month -- Allemande

This formation is a method of progression

In this formation each man starts with his partner on his right.

8 travelling steps 8 bars of music

Allemande for two couples

Bars

- 1 Starting from the middle of the set both cpls dance a small step diagonally to the right.
- 2 1st man wheels round bringing his partner beside him to face the men's side. 2nd cpl follow.
- 3 1st cpl dance a step across the dance and begin to turn down the men's side. 2nd cpl follow.
- 4 First cpl dance a long step down the dance. 2nd cpl follow in the line of the dance, also facing down.
- 5 Each man brings his partner around into a line facing the ladies side of the dance.
- 6 Both cpls dance into the middle, each man bringing his partner round under her right arm to face him.
- 7 Releasing hands, both cpls dance one step backward with the right foot.
- 8 Both cpls dance one step backward with left foot to finish on own side.

Allemande for three couples

Bars

- 1 Starting from the middle of the set all cpls dance a step diagonally to the right. 1st man wheels round bringing his partner beside him.
- 2 1st cpl dance across to the men's side and face down 2nd and 3rd cpls follow.
- 3 1st and 2nd cpls dance down the men's side. 3rd cpl follow.
- 4 1st, 2nd and 3rd cpls dance down the men's side. 1st cpl now in 3rd position, all facing down.
- 5-8 All 3 cpls repeat bars 5-8 as in a 2nd cpl allemande

Allemande for four couples

Bars

- 1 Starting from the middle of the set, 1st man wheels round bringing his partner beside him, and they dance across the set to the men's side. 2nd, 3rd and 4th cpls follow.
- 2 1st cpl dance down the men's side, 2nd, 3rd and 4th cpls to follow.
- 3 All 4 cpls continue down the men's side.
- 4 1st, 2nd, 3rd and 4th cpls dance one more position down the men's side. 1st cpl now in 4th position, all facing down.
- 5-8 All 4 cpls repeat bars 5-8 as in a 2 cpl allemande.

Note

The Allemande formation is kept within the boundaries of the set.

The giving of hands is as follows –

The man takes his partner's RH in his RH and her LH in his LH. He lifts her RH over her head to hold it just above but not resting on her R shoulder. The man leads with his LH.

The timing of this movement depends on the previous formation in the dance and should be done smoothly to be in place at the end of the 8th bar of the previous formation.

Monica Roots

BURNS SOCIAL

Jan. 18 '03, St. Martins-in-the-Fields Church Hall, 550 Obed Ave.

Pelorus Jack	32J3	C	Intermediate
The Lea Rig	32S3	C	Intermediate
Maxwell's Rant	32R2	C	Intermediate
**Muirland Willie/Highland Fair	32J3	C	Advanced/Beginner
The Silver Tassie	32S3	C	Beginners
Corn Riggs	32R2	BK4	Beginners
Mrs. Stewart's Jig	32J3	C	Intermediate
Deer Friends	32S3	C	Advanced
The Mason's Apron	32R3	Border Dance Book	Intermediate
Tribute to the Borders	32J3	C	Intermediate
**The Haggis Hunter	128Melody4	Reel Friends	Intermediate
The Button Boy	32R3	C	Intermediate

INTERMISSION

**White Heather Jig	40J4	22 Dances by Cosh	Intermediate
James Senior of St. Andrew's	32S3	BK42	Intermediate
Polharrow Burn	32R5	C	Advanced
The Bees of Maggieknockater	32J4	C	Advanced

EXTRAS

**Culla Bay	32S4	C	Advanced
Early in the Morning	32Hornpipe5	C	

Bk – RSCDS Book

C – Core Book

** Briefing only*

*** -- No briefing, or walk through*

EVERY HOUSEHOLD NEEDS A GOOD HAGGIS RECIPE!

Great Chieftan o' the Puddin Race

You require a sheep's paunch – give the butcher due warning of this – also the liver, heart, and tongue of sheep, 1/2 lb. suet, 2 large onions, 1/2 lb. rough oatmeal, 1/2 tsp. of powdered herbs, 1/2 tsp. salt, 1/2 tsp. pepper.

Wash paunch and soak overnight in cold salted water. Clean liver, heart and tongue, and boil in salted water for 2 hours, then cut in pieces, removing any gristle and skin. Mince these ingredients, also the suet and onions.

Toast the oatmeal to a golden brown. Mix together, adding the seasoning and the herbs. Moisten the mixture a little with some of the water in which the liver etc. was boiled. Fill the paunch two-thirds full. Sew it up, prick with a needle to prevent bursting and place in boiling water and boil for 3 hours. Serve with mashed turnips and potatoes.

COMING UP NEXT MONTH -- VALENTINE'S SOCIAL
Feb. 22 '03, St. Martins-in-the-Fields Church Hall, 550 Obed Ave.

The White Cockade	8x32 R	Bk 5	C	B
Cutty Sark	8x32 J	Bk 40	C	B
The Belle of Bon Accord	4x32 S		C	I
** Pines of Pitlochry	8x32 J		C	A
General Stuart's Reel	8x32 R	Bk 10	C	A
Lady Lucy Ramsay	8x32 S	MMM II	C	B
** The Immigrant Lass	4x32 J	Bk 39	C	I
* Jessie's Hornpipe	8x32 R	Bk 8	C	B
Miss Gibson's Strathspey	8x32 S	Leaflet	C	A
** Hooper's Jig	8x32 J	MMM II	C	I
MacDonald of the Isles	3x32 S	Glendarroch SCD Sheets		I
The Rothesay Rant	4x32 J	Birmingham Bk		B

BREAK

The Montgomeries' Rant	8x32 R	Bk 10	C	A
The Silver Tassie	8x32 S	Leaflet	C	I
Clutha	4x48 R	Bk 31	C	B
** Seaton's Ceilidh Band	4x64 J	Morrison Bush Collection	C	A

Extras – time permitting

The Reel of the Royal Scots	8x32 R	Leaflet	C	I
Blooms of Bon Accord	4x32 R	Deeside Bk	C	A

** Briefing only*

*** No briefing, or walk through*

Set the Mood for a Romantic Evening
A RED, RED ROSE by Robbie Burns 1794

O my Luve's like a red, red rose,
That's newly sprung in June:
O my Luve's like the melodie,
That's sweetly play'd in tune.

As fair art thou, my bonie lass,
So deep in luve am I;
And I will luve thee still, my dear,
Till a' the seas gang dry.

Till a' the seas gang dry, my dear,
And the rocks melt wi' the sun;
And I will luve thee still, my dear,
While the sands o' life shall run.

And fare-thee-weel, my only Luve!
And fare-thee-weel, a while!
And I will come again, my Luve,
Tho' 'twere ten thousand mile!

COMING EVENTS -- LOCAL

- Jan. 10 '03** **SCOTTISH COUNTRY DANCE OPEN HOUSE** Sponsored by the RSCDS. 7:30 p.m. at the *NOTE CHANGED LOCATION* Doncaster Elementary School Rowan St (west off Shelbourne near Cedar Hill Golf Course) *NOT* Monterey School gym. Everyone welcome. For information call Jim at 595-7901 or check web page: <http://rscdsvictoria.org>
- Jan. 18 '03** **BURNS SOCIAL** St. Martins-in-the-Fields Church Hall, 550 Obed Ave., Victoria.
- Jan. 18 '03** **BURNS CEILIDH** sponsored by the Bon Accord Dancers. 7:00-10:00 p.m. James Bay Community Centre, 140 Oswego snacks (including Haggis) and entertainment cost: adults \$12.00, children 6-12 \$8.00, children 5 and under free tickets available December 1 for tickets/information call Mairi Pearson at 474-5842.
- Jan. 19 '03** **VICTORIA JOINT SCOTTISH COUNCIL BURNS MEMORIAL** 2:00 p.m. Wreath (heather) laying at the Burns statue in Beacon Hill Park. 2:30 p.m. Concert and tea at St. Andrew's Kirk Hall on Courtney St. Admission by donation
- Jan. 25 '03** **BURNS DINNER AND BALL** Sponsored by the Sons of Scotland and the St. Andrew's and Caledonian Society. UVic University Club (formerly the Faculty Club) Dress: Highland or semi-formal cost: \$40.00 per person. For information/tickets call Bob Brown at 478-0746, Tim Hale at (250) 715-0559, or Alex Reid at 370-9226
- Jan. 31 '03** **RSCDS VICTORIA** last Friday Social Burns Theme, St. Martin in the Fields on Obed Ave.
- Feb. 22 '03** **VALENTINE'S SOCIAL** St. Martins-in-the-Fields Church Hall, 550 Obed Ave.,
- Mar. 29 '03** **VISCDS ANNUAL BALL** See registration package in this newsletter
- Apr. 5 '03** **VICTORIA JOINT SCOTTISH COUNCIL ANNUAL TARTAN BALL** at the Edelweiss Club in James Bay. Cost: \$33.00 if tickets purchased by March 24, \$38.00 for tickets purchased after that date for tickets/information call Katie at 598-6547, Irene at 652-5773, Nancy at 381-6100, or Allan at 727-6776
- Apr. 6 '03** **KIRKIN' O' THE TARTAN** Sponsored by the Victoria Joint Scottish Council-St. Andrew's Presbyterian Kirk, Douglas at Broughton. Details later
- Apr. 12 '03** **SCOTTISH COUNTRY DANCE BEGINNER'S CLASS** Sponsored by the RSCDS Cadboro Bay United Church, Arbutus Rd.
- May 3 '03** **SPRING FLING** Sponsored by the VISCDS. St. Martin in-the-Fields Church Hall, 550 Obed Ave.
- May 3 '03** **SCOTTISH COUNTRY DANCE MAY BALL** Sponsored by the RSCDS

OUT OF TOWN EVENTS

- Jan. 11 '03** **NEW YEARS BALL** Nanaimo Yatch Club \$30, call David Handley 250-758-7228.
- Jan. 25 '03** **A BURNS NIGHT DINNER AND CONCERT** Under the distinguished patronage of Baron Prestoungrange of Edinburgh Scotland. In Chemainus Theatre, January 25, 2003. With The Gaelic Choir, the Lynne Griffiths Highland Dancers And the Canadian Scottish Regiment (Princess Mary) Pipes and Drums. MARK YOUR CALENDERS. Tickets available at the Chemainus Theatre Box Office, telephone 1-800- 565-7738 or (250) 246-9820.
- Jan. 25 '03** **SONA ROBBIE BURNS SOCIAL** 7:30 p.m. cost \$6, Masonic Hall, Mill Bay.
- Feb. 1 '03** **NANOOSE SCD SOCIAL** 7:00 p.m. at St. Stephens United Church Hall at the corner of Memorial and Village Way in Qualicum Beach. Cost \$5.00 with a light supper.
- Feb. 22 '03** **SONA SOCIAL** 7:30 p.m. Duncan United Church
- Feb. 22 '03** **RSCDS TORONTO 40th ANNUAL TARTAN BALL** Royal York Hotel \$80 RSCDS members, \$90 non-members. Bobby Brown and the Scottish Accent. Inquiries: Ann Campbell (905) 459-5213 acampbell@idirect.com

- Mar. 15 '03 DELTA BORDERS SPRING FLING**
- Mar. 22 '03 SONA SOCIAL** 7:30 p.m. Duncan United Church
- Mar. 22/29 '03 SCOTTISH DANCING IN HAWAII** with Muriel Johnstone and Alasdair Fraser organized by Ken McFarland
- Apr. 26 '03 SONA SOCIAL** 7:30 p.m. Duncan United Church
- May 3 '03 NANAIMO SCOTTISH COUNTRY DANCERS WORKSHOP** A workshop for Basic and Intermediate dancers, 9:00 a.m. to 5:00 p.m., with classes for reels, jigs and strathspeys followed by a Tea dance. Dover Bay High School, Nanaimo. Teachers: Ruth Jappy and Wes Clindinning. Music by Alex Jappy. Registration forms will be mailed in early 2003. Information: David Handley (250) 758-7228 or mtembene@pacificcoast.net
- May 17 '03 SEATTLE.** The Polish Home Association, 1718 18th Ave, Seattle. Music Calum MacKinnon and Muriel Johnstone.
- June 3-16 '03 NORTHERN LIGHTS OF SCOTLAND TRIP** Scottish Dance trip to the remote Orkney and Shetland Islands. Contact Ken McFarland Toll Free (800) 822-3435 or e-mail farlands@ptialaska.net or #E323, 3875 Geist Rd., Fairbanks AK 99709-3549 US.
- Feb. '04 PITLOCHRY WORKSHOP,** If enough dancers are interested, a party might go from Van Isle to the workshop. I would welcome expressions of interest from dancers. We'll need about 20 or so to approach Air Canada for special group status. *Alex McAuley* (595-1607 or amcauley@uvic.ca)

FROM THE EDITOR'S DESK

Happy New Year to everyone. We are circulating the Ball Registration package with this issue of the newsletter so be sure that you have your package.

In the Fall of last year, we circulated the 2002 additions to the Core Book to dancers attending classes. There are still some copies available for any dancers who would like one. Please contact Christine Rushforth at 477-0340 or crushforth@shaw.ca to arrange to pick up a copy at your class.

The newsletter is generally distributed directly to your class as soon as it is printed so that you have dance information as quickly as possible. Don't forget that you can also access the newsletter through the Branch web site at www.viscnds.ca. The newsletter is posted on the web site approximately ten days after the final deadline for the newsletter, for example you can read the next issue of the newsletter online on Jan 10, Feb 10, Mar. 10. The few newsletters that are not picked up in class after a couple of weeks will be mailed out to members.

I'd like to thank all the members who send me interesting items for the newsletter, such as the Haggis Recipe that appeared anonymously in my VISCDS box. These are very much appreciated by me and enjoyed by everyone else. *Christine Rushforth, Editor*

DEADLINE FOR NEXT NEWS LETTER, Feb. 1, 2003

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