



# 2023 Workshops & Ball

## Experience Level Self-Assessment Guide for Workshop Registrants

Date of this Rev: 16-Jan-2023

(grouping of common figures/formations approximately by experience level)

Note that, for 2023, the Basic and Intermediate levels are combined

**A BASIC dancer is a less experienced dancer who would like to learn or polish the following formations:**

Setting (S & R/J)	Travelling	Casting	Step Up/Down
Set & Cast	Crossing	Turning	Rights and Lefts
Cross & Cast	Cross Down	Dance or lead down	
Hands Across	Hands Round		Allemande
Promenade	Chase	Figure of Eight	Reels of 3 or 4

**An INTERMEDIATE dancer is comfortable with the basic formations above and ready to learn or polish the following:**

Inveran Reels	Set to and Turn Corners	Set & Link	Ladies/Mens Chains
Tandem Reels	Turn Corner-Partner	Set & Rotate	The Knot
Crossover Reels	Corner Pass & Turn	Double Triangles	Petronella
Diagonal Reels of 4	Set to Corners & Partner	Grand Chain	Square Poussette

**Register for EXPERIENCED if you are comfortable with the basic and intermediate formations above and ready to learn or polish the following:**

Diamond Poussette	Swirl	Bourrel	The Spoke
Rondel	Spurtle	La Baratte	
Targe	Tournée	Schiehallion Reel	
Espagnole	Tourbillon	Celtic Reel	